

LUNCH & BRUNCH 11.00 - 16.00

Some like it sweet

TRUE BLUE I LOVE YOU

€8,95

FRUIT BOWL WITH SOY YOGHURT, BLUE SPIRULINA & RED BERRY POWDER

DEEP PURPLE ACAI GRANOLA BOWL

€9,95

SOY YOGHURT WITH ACAI BERRIES, HOMEMADE CRUNCHY GRANOLA WITH NUTS, SEEDS & BANANA

FANCY PANTS PANCAKE STACK

€11,95

WITH BLUEBERRIES, BANANA, PECAN CRUMBLE AND AGAVE SYRUP

Get Toasted Sourdough

NO TUNA SALAD

€8,95

WITH MAYONNAISE, OYSTER LEAF, CAPERS, RED ONION, RADISHES AND GARDEN CRESS

ME SO PEANUTBUTTER

€8,95

WITH MISO, AVOCADO, PICKLED RED CABBAGE, CUCUMBER, DILL AND MINT

Super Bowls *with a choice of rice noodles or green salad*

BBQ MUSHROOM

€12,95

WITH CHARRED AVOCADO, PICKLED RED CABBAGE, GREEN HERBS, SPRING ONIONS, PEANUTS, SESAME MAYO

FRIED TEMPEH

€12,95

FRIED SIGNATURE BLACK BEAN & GREEN PEA TEMPEH, KIMCHI, AVOCADO, CUCUMBER, GREEN HERBS, CRISPY ONIONS, BEAN SPROUTS

Mama's Burgers 11.00 - 18.00

THE BEYOND BBQ BASH

€13,95

WITH LETTUCE, TOMATO, PICKLES, RED ONION, CHEESE & BBQ SAUCE

THE GREEN MONSTER

€11,95

FAVA BEANS & GREEN PEAS WITH LETTUCE, PICKLED CABBAGE, TOMATO SALSA, GUACAMOLE & CHIPOTLE MAYONNAISE

THE PULLED MUSH

€11,95

PULLED MUSHROOMS WITH LETTUCE, CUCUMBER, MAMA'S COLESLAW, BBQ SAUCE & CRISPY ONIONS

Add
FRENCH
FRIES!
+ €3,00

Add
SWEET
POTATO
FRIES!
+ €3,50

Teen
MAMA

We're on your side

FRENCH FRIES

€3

€5,5

WITH MAYONNAISE

CRUNCHY SWEET POTATO FRIES

€3,5

€6,5

WITH MAYONNAISE

MUSHROOM CROQUETTES

€6,5

WITH MAMA'S PINK MUSTARD

CLASSIC DUTCH BITTERBALLEN

€6,5

WITH MAMA'S PINK MUSTARD

GARDEN SALAD

€3,5

CHIPOTLE/SESAME/ TRUFFLE MAYO

€0,50

DINNER 18.00 - 22.00

Start to share

CLASSIC DUTCH BITTERBALLEN €6.5

WITH MAMA'S PINK MUSTARD

MUSHROOM CROQUETTES €6.5

WITH MAMA'S PINK MUSTARD

PANI PURI €7.95

CRUNCHY AND JUICY INDIAN SNACK WITH CHICKPEAS, SWEET POTATO, CUCUMBER-HERB 'WATER', CORIANDER AND DATE-TAMARIND CHUTNEY

BBQ ROASTED ARTICHOKE €8.95

WITH GARLIC MISO & SESAME SOYA YUZU DIP

FRIED CURRY SPICED CAULIFLOWER & BROCCOLI €7.95

LIME-COCONUT YOGHURT, MINT AND CORIANDER

FRIED BONELESS NO-CHICKEN €8.95

WITH A CHOICE OF: CHIPOTLE MAYONNAISE/PINK MUSTARD/SESAME MAYONNAISE

BBQ NACHO BUCKET €11.95

WITH MINCED BEYOND MEAT, BLACK BEANS, CHEESE SAUCE, SWEET CORN, TOMATO SALSA, JALAPENOS AND GUACAMOLE

Super Bowls

with a choice of rice noodles or green salad

BBQ MUSHROOM €12.95

WITH CHARRED AVOCADO, PICKLED RED CABBAGE, GREEN HERBS, SPRING ONIONS, PEANUTS, SESAME MAYO

FRIED TEMPEH €12.95

FRIED SIGNATURE BLACK BEAN & GREEN PEA TEMPEH, KIMCHI, AVOCADO, CUCUMBER, GREEN HERBS, CRISPY ONIONS, BEAN SPROUTS

Mama's Burgers

THE BEYOND BBQ BASH €13.95

WITH LETTUCE, TOMATO, PICKLES, RED ONION, CHEESE & BBQ SAUCE

THE BEYOND MILLIONAIRE €14.95

WITH ROCKET SALAD, TOMATO, PICKLES, RED ONION, HOMEMADE 'FAUX GRAS' & TRUFFLE MAYONNAISE

THE GREEN MONSTER €11.95

FAVA BEANS & GREEN PEAS WITH LETTUCE, PICKLED CABBAGE, TOMATO SALSA, GUACAMOLE & CHIPOTLE MAYONNAISE

THE TEMPEA €12.95

SIGNATURE BLACK BEAN & GREEN PEA TEMPEH WITH KIMCHI, SPRING ONIONS, BEAN SPROUTS & SESAME MAYO

THE PULLED MUSH €11.95

PULLED MUSHROOMS WITH LETTUCE, CUCUMBER, MAMA'S COLESLAW, BBQ SAUCE & CRISPY ONIONS

THE
MAMA

Add
FRENCH
FRIES!
+ €3.00

Add
SWEET
POTATO
FRIES!
+ €3.50

We're on your side

FRENCH FRIES €3 / €5.5
WITH MAYONNAISE

CRUNCHY SWEET POTATO FRIES €3.5 / €6.5
WITH MAYONNAISE

OLD BAY SEASONED BBQ VEGGIES €7.95
WITH GARLIC BUTTER

BBQ CORN ON THE COB €4.95
WITH GARLIC BUTTER

GARDEN SALAD €3.50

CHIPOTLE/SESAME/
TRUFFLE MAYO €0.50

